

Chelated Magnesium L-Threonate



NeuroMag™ uses a unique form of magnesium chelated to threonic acid (magnesium L-threonate) — a highly bioavailable form that has the potential to cross the blood-brain barrier. This form of magnesium has been shown to be superior in increasing magnesium levels compared with other forms. Research demonstrates that elevating brain magnesium content through supplementation with magnesium L-threonate may be a useful strategy to support brain health.*

Research has found that magnesium L-threonate is a supplemental form of magnesium that may be more effective in crossing the blood-brain barrier to support brain health and promote cognitive health.* Magnesium plays many key roles in the body, including its role as an essential nutrient cofactor for more than 300 enzymatic reactions to take place to support normal physiology. Several functions of magnesium promote brain and cognitive health.*

Benefits*

- Supports brain health
- Supports normal cognitive function

Recommended Use

Take 3 capsules per day or as directed by your health-care practitioner. (Divided dosing recommended.)

Highlights

- 145 mg of chelated magnesium per serving from 2 g of magnesium L-threonate
- Highly bioavailable magnesium demonstrated to cross the blood-brain barrier and support brain health*