

## SUPPORT FOR JOINTS AND CARTILAGE†



### Benefits†

- Provides essential building blocks and nutrients for healthy joints and cartilage
- Provides antioxidant support
- Supports a healthy inflammatory response

### Highlights†

- **Glucosamine** – Provides precursors for the continuous structural repair of ligaments, tendons, and joint and spine cartilage, by contributing to the formation of proteoglycans. Together with collagen, proteoglycans form cartilage, the spongy, rubber-like padding that covers and protects the tips of bones, where the joints are located.
- **Sulfur** - (from MSM and N-acetyl-L-cysteine) – Sulfur is required for healthy collagen formation, with collagen being one of the primary structural proteins in joints and connective tissues (such as tendons and ligaments, but also bones and skin). In addition to being a source of sulfur, N-acetyl-L-cysteine is a precursor to glutathione, the body's "master antioxidant."
- **Quercetin and resveratrol** – Compounds found abundantly in red onions, apples, olive oil, dark berries, salad greens and culinary herbs (quercetin), and grapes, red wine, raspberries, plums and açai berries (resveratrol). These compounds are responsible for the richly colored pigments in these notably healthful foods, and they help protect against oxidative stress while supporting a balanced response to inflammation.†
- **Green lipped mussel** – A New Zealand shellfish that provides additional glucosamine, as well as chondroitin sulfate, both of which are well-regarded for supporting joint health. Green lipped mussel contains special fats that help promote an appropriate inflammatory response in the body.\* The hardy Maori tribespeople of New Zealand— whose diet included substantial amounts of green lipped mussels—were noted throughout history for their health and physical robustness.
- **Univestin®** – A patented blend of the plant extracts *Scutellaria baicalensis* (Chinese skullcap) and *Acacia catechu*, which have been used historically in Chinese and Ayurvedic medicine, respectively. These compounds are rich in bioflavonoids and they influence the same biochemical pathway by which aspirin and other agents help to support a healthy inflammatory process.†

### Recommended Use

Take four capsules per day with meals, or as directed by your health care practitioner.

**Allergen information:** Contains shellfish (mussels, crab, lobster, shrimp, snails or oysters).

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.