

COMPREHENSIVE FORMULA OF ESSENTIAL AMINO ACIDS



Benefits†

- This product a mixture of essential amino acids in the free-form, meaning they are immediately available for absorption and can be put to metabolic use much more readily and rapidly, as compared to amino acids contained in dietary protein.
- Amino acids are known as the building blocks of proteins, but they're also the raw material for various neurotransmitters (chemical messengers such as dopamine and serotonin), hormones, enzymes, immune system antibodies, and they also serve as factors in cellular energy generation. Amino acids do much more than simply build muscle; they control virtually all cellular processes.†

Highlights

- The ten amino acids the body doesn't produce internally are called "essential" amino acids (EAAs) because it is essential that we get them from an outside source.
- Failure to obtain enough of even one of these may result in compromised structure or function of the proteins that require it. Unlike fats and carbohydrates, the body does not store excess amino acids for later use, so amino acids must be consumed daily.
- Inadequate protein intake may cause the body to break down or catabolize its healthy tissue—such as muscle and bone—in order to get the critical amino acids it requires for proper functioning.
- Amino Acid Synergy provides all the EAAs except for tryptophan, which is best dosed on its own under the guidance of your health care practitioner.
- The easily absorbed amino acids in this product may be especially beneficial for individuals with suboptimal digestive function, those recovering from physical trauma, and those who may have difficulty consuming an adequate amount of complete protein, such as the elderly and those following strict vegan diets.

Recommended Use

As a dietary supplement, take four capsules per day between meals, or as directed by your health care practitioner.

Consult with your health-care practitioner about your specific circumstances and any questions you may have about this product.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.