







## GET THE BENEFITS OF GARLIC WITHOUT THE ODOR

## Benefits<sup>1</sup>

- May help prevent overgrowth of unfriendly organisms
- Supports a healthy inflammatory response
- · Provides antioxidant properties, which help protect against damaging free radicals
- Helps support healthy blood lipid metabolism
- Helps maintain healthy platelet function
- Supports the immune system
- Promotes cardiovascular health

## **Highlights**

- Ajoene helps with a healthy inflammatory response and with the maintenance of normal platelet function, both of which underlie garlic's well known role in promoting cardiovascular health.
- It may also help support healthy cholesterol levels. Ajoene is responsible for many of garlic's other
  historically recognized effects, such as inhibiting the normal overgrowth of unfriendly organisms, including
  bacteria, parasites, and fungi (yeast).<sup>†</sup>

## **Recommended Use**

As a dietary supplement, take one softgel per day, or as directed by your health care practitioner.

Caution: Consult your health care practitioner before use if you are taking blood thinning medication.